

# COVID EXPOSURE PROTOCOL

## WHAT TO EXPECT WHEN TESTING POSITIVE FOR AND/OR EXPOSED TO COVID-19



TTUHSC's response protocol for COVID-19 follows the guidance of federal, state and local health officials. As team members (faculty, staff and residents) and students identify concerns of showing symptoms, having close contact exposure or testing positive for COVID-19, prompt action will be taken. This includes contact tracing, notification, disinfection and self-isolation.

### WHEN TO REPORT

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Team members and students who

- Are exhibiting symptoms and/or have a temperature greater than 100 degrees Fahrenheit;
- Have tested positive for COVID-19; or
- Have had a close contact to a person known to have tested positive for COVID-19;

are required to stay off campus, **and**:

1. Inform their supervisor or course instructor/program director; **and**
2. Complete the online attestation form and follow additional guidance from the TTUHSC Office of Institutional Health before resuming on-campus activities. Institutional Health will advise on the appropriate follow up needed including but not limited to, the need for testing, self-isolation requirements, and/or advising to contact their health care provider.

If a team member or student becomes sick after having already arrived on campus for the day, they will need to leave work, class, or their clinical rotation as soon as possible, notifying their supervisor or course instructor/program director as may be applicable.

## **EXPOSURE RISK AND POSITIVE COVID-19 DIAGNOSIS**

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The Office of Institutional Health will implement appropriate campus restrictions based on exposure risk and whether a person has tested positive for COVID-19. Common exposure and COVID-19 positive scenarios are provided below:

### **TESTING POSITIVE FOR COVID-19, REGARDLESS OF VACCINATION STATUS**

- Individuals will be directed to stay off campus (quarantine) for five (5) days.

After five (5) days, if they have no symptoms, they may return to campus; however, they will be directed to wear a facial covering upon their return for five (5) additional days. Otherwise, they will need to remain off campus for 10 days.

### **EXPOSURE TO SOMEONE INFECTED WITH COVID-19**

- Individuals with a vaccine booster or who are fully vaccinated (received complete set of Pfizer or Moderna vaccine within the last six (6) months, or the Johnson & Johnson vaccine within the last two (2) months).

May continue to be on campus after an exposure; however, they will need to wear a facial covering for ten (10) days, beginning from the time of exposure with the COVID-19 infected individual. Otherwise, they will be required to quarantine off campus for 10 days.

- Individuals who received a vaccine outside the timeframes noted above, are not vaccinated, or who choose to not disclose vaccination status to the Office of Institutional Health.

Will be directed to stay off campus for five (5) days after an exposure, beginning from the time of exposure with the COVID-19 infected individual.

After five (5) days, if they have no symptoms, they may return to campus; however, they will be directed to wear a facial covering upon their return for five (5) additional days. Otherwise, they will need to remain off campus for ten (10) days.

\*Close contact is determined by proximity and duration of exposure: If you were within approximately 6 feet of an individual known to be infected with COVID-19 for a cumulative total of 15 minutes or more over a 24-hour period starting from 2 days before the individual tested positive – such as while caring for, living with, visiting with, or sharing an office with them – without using recommended precautions such as facial coverings. In the event an exposure risk is too broad to determine whether close contact occurred with a degree of certainty, individuals who were potentially exposed to COVID-19 will be provided notice of the exposure and will be advised to wear facial coverings and monitor for symptoms for 10 days after the potential exposure.