

Counseling is available for a variety of issues:

- Family and Relationship Problems
- Excessive Stress
- Anxiety
- Alcohol or Drug Abuse
- Depression
- · Healing from Trauma



TTUHSC Program of Assistance for Students

Counseling for Students 3601 4th Street, Lubbock, TX 806-743-1327 | 1-800-327-0328 ttuhsc.edu/counseling

The Counseling Center at TTUHSC The Department of Psychiatry

The Program of Assistance for Students (PAS) is a resource to promote health and wellness in your personal and academic life. Counseling is free and confidential. You have eight counseling sessions available to you per academic year. Our counselors are licensed by the State of Texas and have the knowledge and experience to assist you. Counseling for Lubbock students is at The Counseling Center (1A300). Active students in other locations can use telehealth services by calling 806.743.1327 or can access our website to find a provider in your area.

Additional resources for all TTUHSC students:



