



TEXAS TECH UNIVERSITY  
HEALTH SCIENCES CENTER

***Counseling is available for  
a variety of issues:***

- *Family and Relationship Problems*
- *Excessive Stress*
- *Anxiety*
- *Alcohol or Drug Abuse*
- *Depression*
- *Healing from Trauma*
- *Other Problems*

*Additional resources for all TTUHSC students:*



# TTUHSC Program of Assistance for Students

Counseling for Students  
806-743-1327 | 1-800-327-0328  
[ttuhsc.edu/pas](http://ttuhsc.edu/pas)  
[counselingcenter@ttuhsc.edu](mailto:counselingcenter@ttuhsc.edu)



## The Counseling Center at TTUHSC



The Program of Assistance for Students (PAS) is a resource to promote health & wellness in your personal & academic life. You have eight free & confidential sessions available to you per academic year (September-August). PAS counselors are licensed & have the knowledge & experience to assist you. In-person & telehealth (Zoom) counseling is available. Counseling for Lubbock students is through The Counseling Center (1A300). Active students in other locations can visit our website to find a local PAS provider. Distance learners can access telehealth counseling by calling 806.743.1327.