### Tabitha Sheppard

# Why did you decide to study nursing at TTUHSC? 00:05

Well, as you know, you know, my mom went there, and I've heard great things about it ever since I was little, especially growing up in Lubbock, you know, you hear Tech and all these things, Tech. A few things I remember when I was starting, I knew their NCLEX passing rate, I don't remember exactly, but it was in the high 90s, like 97 to 99%, or something like that. And that showed me, you know, they do their job, you know, with their students. And specifically, I remember one time I went to a, like a meeting, I can't remember if it was when I was already accepted or not. But we went to the HSC, in this big room with a bunch of new incoming students, or students looking to go into nursing school and a bunch of instructors and administration. People were talking to us, and it was nerve racking, they said, you know, it's hard. It's challenging. It's not what you're used to. But I remember in that moment, while having a little bit of fear, I felt comfortable. Because all these teachers and people speaking, you could tell that they cared, they really did. And I felt ready to pursue tech. And I also heard a bunch, you know, being at UMC and other places, that when you're wearing those red scrubs, you're almost held to a higher standard, because people know that you're competent. Not that other people from other nursing schools are not. But you know, they say when we see red, we're already like, you're good. So that that was enough to get me going. And I'm so glad I chose it. I am so glad.

## Was your mom influential in your school choice or career choice?

Yeah, of course, my mom is such an incredible person and a great influence on my life. And she loved it. And she always spoke highly of tech. And honestly, that was enough for me to just to know that she did well there and liked it. I knew I would do the same I did. I loved it.

# How long did you work in the same place as your mom and what was it like working together?

02:00

I worked there for two years, and I honestly still would be there if my husband's job didn't move us over here. But so I worked in the medical ICU and she's in the resource pool. So occasionally, she'd be floated to MI and we get to work together and it was incredible. It was so much fun. Even just knowing she was there so MI as two sides and even if she's on the other side and I didn't see her just knowing she's there was really comforting and being a baby nurse and her being so experienced it was awesome having you know her there in this part of the field you know I have her in my whole life but having her in the work force is just so different and it was awesome. You know MI had a great family. I was part of a great family there but knowing she was there. Anyone you talk to they'll probably say the same thing she lifts your spirit if you're having a bad day for having a good day. And whether you like it or not, if April's in the room your spirit is lifted and she will put a smile on your face and she did that for me too. And she inspired me to be better nurse and something really great as you know my sister and I always heard growing up like Apryl Keaty won this, Apryl Keaty did this, Apryl Keaty. And it almost was like the normal like for her to win awards and like we just thought that was like super normal. And as I got older, I realized like wow, it's actually really awesome. And then seeing her, working with her that came to life, you know, physically watching her be a nurse. It came to life and I realized Not that I ever

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doubted her but I got to see why she wins all these things and why her name is so known it's because she's incredible.

### Anything else you would like to add?

03:40

She really is so amazing as a mom and a nurse and I'm still inspired by her and I try and be more like her every day.