

# SEX DIFFERENCES AND THE ENDOCANNABINOID SYSTEM IN PAIN

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October 22<sup>nd</sup>, 2021

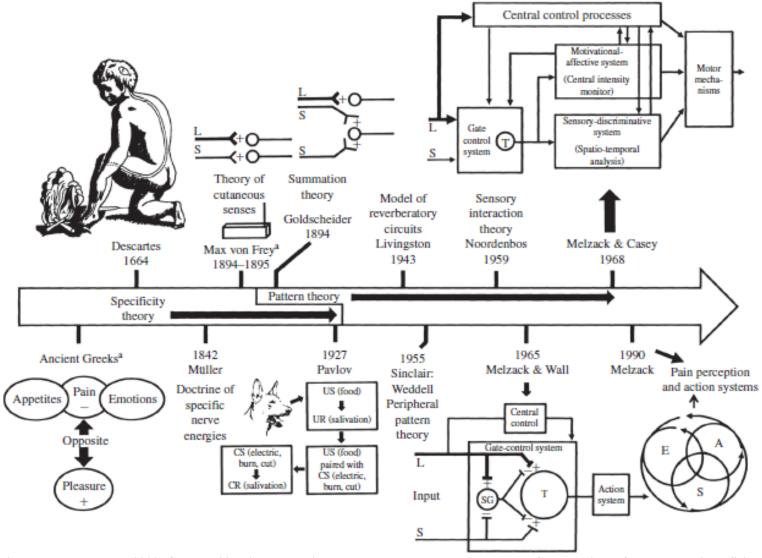






# Evolution of Pain Theories





# Defining Pain



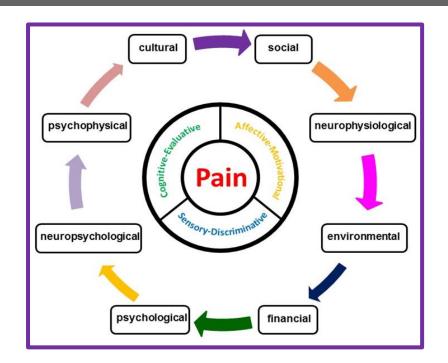


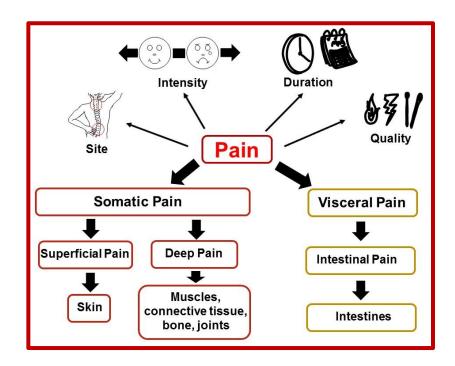
"an unpleasant sensory and emotional experience associated with, or resembling that associated with, actual or potential tissue damage"

Raja S. N. et al., 2020

## Pain

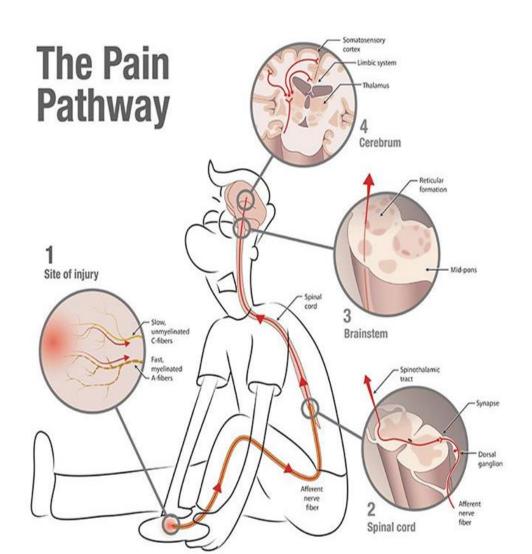






## **Nociception**

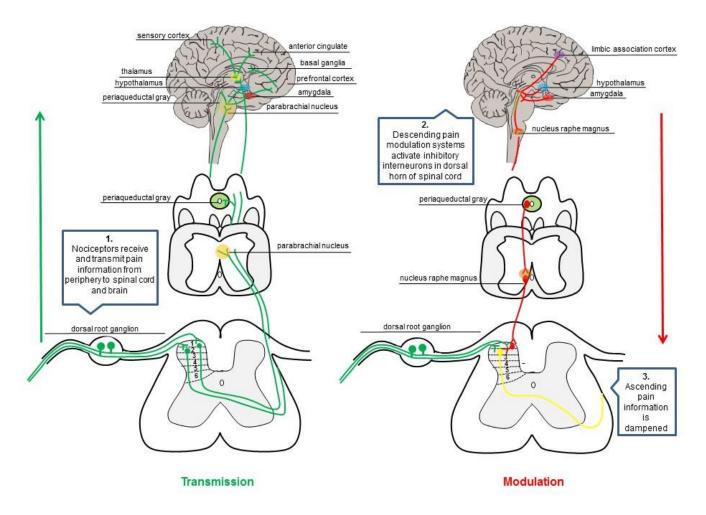
Sensory transduction of information about potential or actual tissue damage





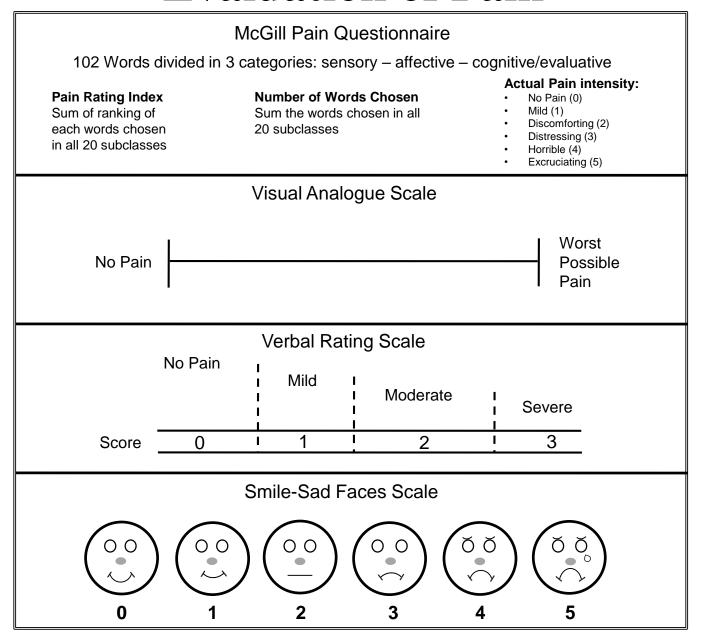
## Pain transmission and modulation





Blanton, Bergeson, Morgan & Guindon (2019) Ethanol and Pain Interactions In: The Neuroscience of Alcohol: Mechanisms and Treatment, Elsevier.

## **Evaluation of Pain**



Blanton, Bergeson, Morgan & Guindon (2019) Ethanol and Pain Interactions In: The Neuroscience of Alcohol: Mechanisms and Treatment, Elsevier.

# NIH 2016 Sex As a Biological Variable Policy (SABV)

### The 4 Cs of Studying Sex to Strengthen Science



Consider

Design studies that take sex into account, or explain why it isn't incorporated



Collect

Tabulate sex-based data



Characterize

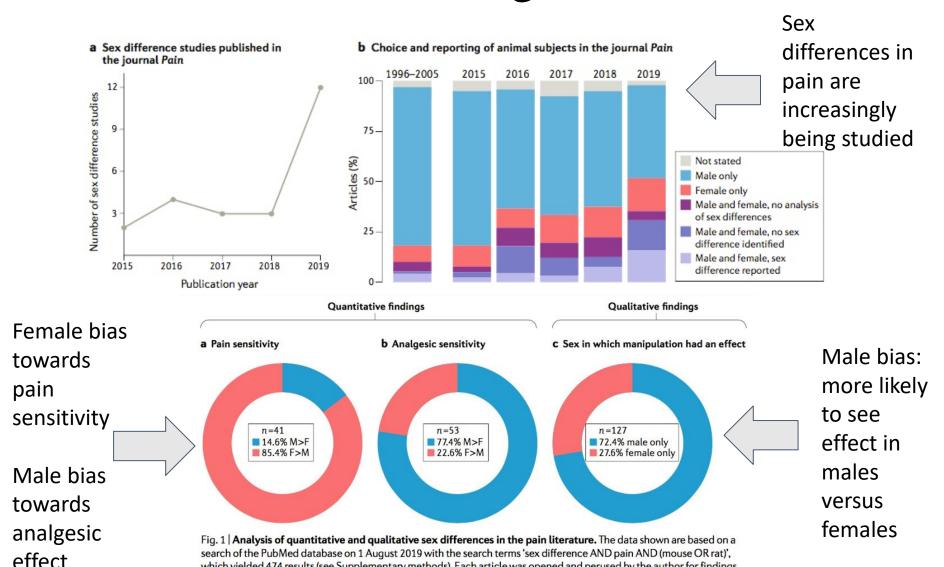
Analyze sex-based data



Communicate

Report and publish sex-based data

## Sex Differences in Pain - Preclinical Evidence (Mogil, 2020)

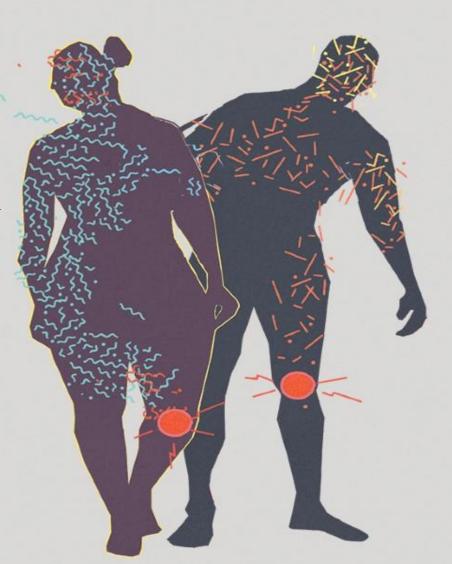


which yielded 474 results (see Supplementary methods). Each article was opened and perused by the author for findings

## Sex Differences in Pain - Humans

# Sex Differences in Pain (Sorge & Totsch, 2017)

- Greater prevalence of pain in women: musculoskeletal, abdominal and migraine
- Women have **lower tolerance** in experimental pain studies
- Differences in evaluation and modulation of pain
- Different **neural representation** of pain: brain areas activated/inhibited during pain differ between men and women in fMRI

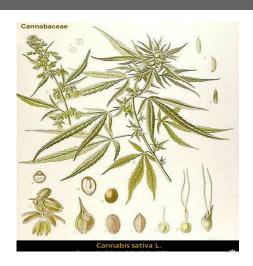


## Cannabis sativa

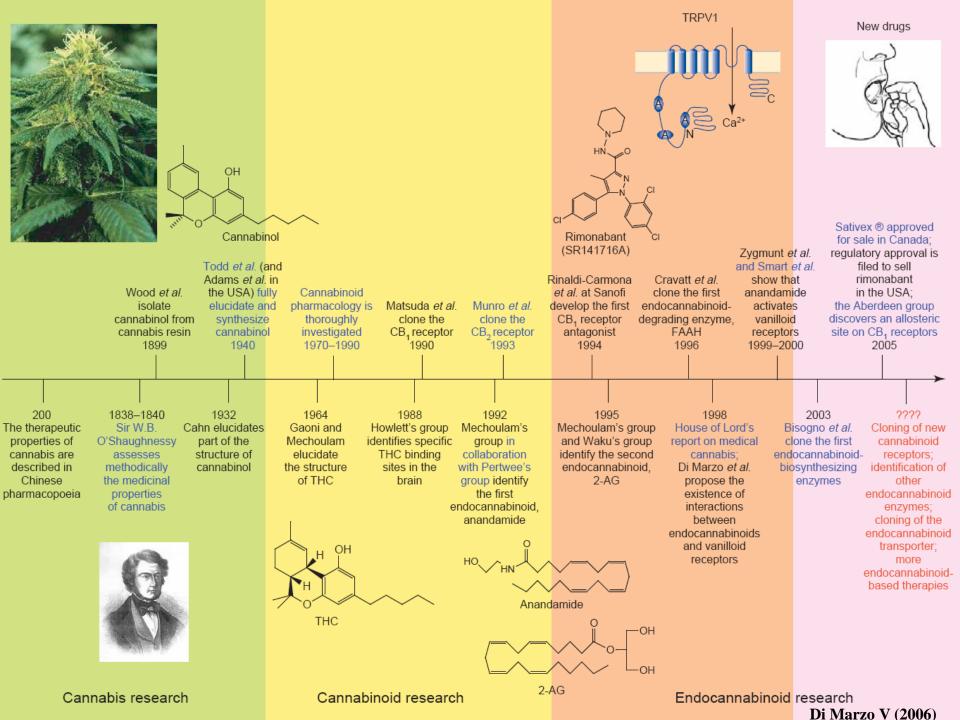








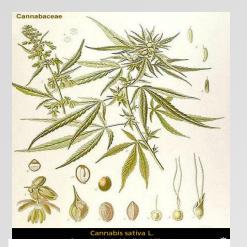
- Many species exist: <u>Cannabis Sativa</u> (European plant), <u>Cannabis indica</u> (Indian plant) and <u>Cannabis ruderalis</u> (Siberia and central Asia plant)
- 460 known chemical constituents of cannabis
- 66 constituents have a cannabinoid structure
- $\Delta^9$ -THC most important constituent: principal psychoactive component of cannabis



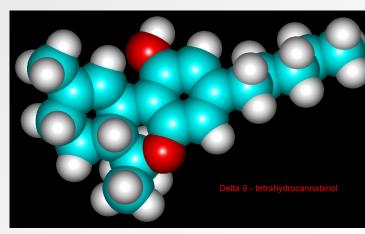


# Cannabinoid receptors

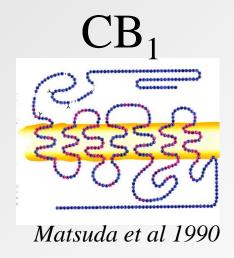


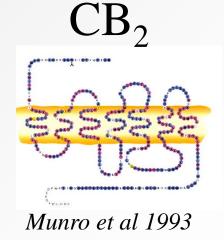






## Cannabinoid receptors

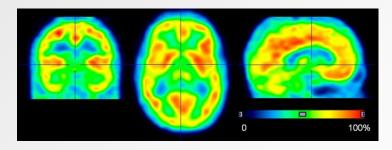


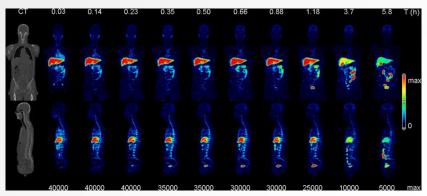


## Cannabinoid Receptor Type 1 (CB1)



- G<sub>i</sub> coupled GPCR, found throughout CNS & PNS
- Activation produces inhibitory effect through inhibition of cAMP formation, activation of potassium channels, and inhibition of calcium entry
- Expressed throughout pain pathway (brain, DRG and laminae of spinal cord, peripheral nerve endings)
- Activation of CB1 in the brain is responsible for psychotropic effects of cannabis
- Activation in rodents produces analgesia, hypothermia, and decrease in motor activity and coordination



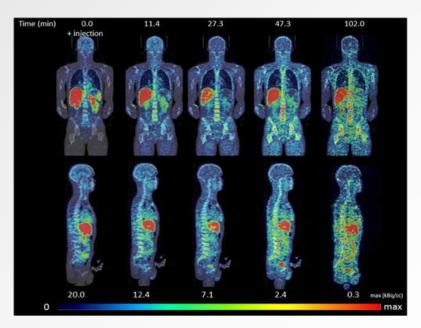


[18F]-MK-9470 - Radiolabeled CB1 ligand

## Cannabinoid Receptor Type 2 (CB2)



- CB2R found in peripheral tissues, immune cells, glia, etc.
- Inducible expression in CNS (injury, inflammation, neurodegenerative diseases)
- Activation not associated with classical cannabinoid (CB1R) associated side effects (catalepsy, hypothermia)
- Analgesic mechanisms still under investigation
- Being explored in clinical trials for osteoarthritic pain (ClinicalTrials.gov, NCT00447486) and GI pain associated with Chron's (ClinicalTrials.gov, NCT03155945)



[11C]-NE40 - Radiolabeled CB2 ligand

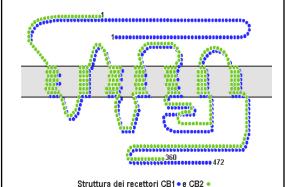


## Endocannabinoid System



### **Cannabinoid Receptors**

- CB<sub>1</sub>receptor
- CB<sub>2</sub>receptor



### **Endocannabinoids**

• Anandamide (AEA)

• 2-Arachidonylglycerol (2-AG)

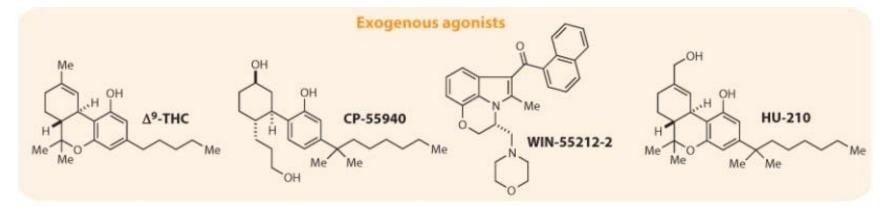
## **Synthesis & Degradation Enzymes**

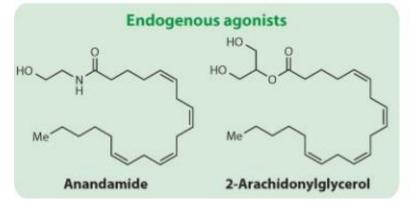
- Phospholipase A2
- Phospholipase C
  - NAPE-PLD
- Fatty Acid Amide Hydrolase (FAAH)
- Diacylglycerol Lipase (DAGL)
  - Monoacylglycerol Lipase (MAGL)

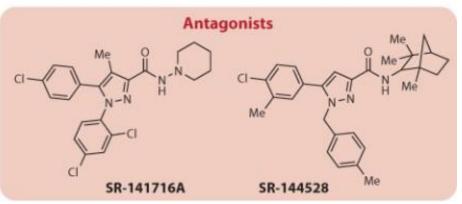


## The Endocannabinoid System





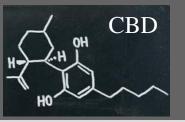




## Natural and Synthetic Cannabinoid Agonists



		CB <sub>1</sub>	CB <sub>2</sub>
Natural agonists	■ Δ <sup>9</sup> -THC	++	++
	<ul> <li>Cannabidiol (no psycho-active properties)</li> </ul>	0	±
	<ul> <li>Cannabinol (psycho-active properties)</li> </ul>	+	++
Synthetic Agonists	<ul> <li>Dronabinol (Marinol®)</li> </ul>	++	++
	<ul><li>Nabilone (Cesamet®)</li></ul>	++	++
	<ul><li>Levonantradol</li></ul>	+	+
	■ HU-210	+++	+++
	Win 55,212-2	+++	+++
	■ CP-55940	+++	+++
	<ul> <li>Methanandamide</li> </ul>	++	+
	<ul><li>ACEA</li></ul>	+++	+
	■ 0-1812	+++	+
	■ JWH-051	+	++
	■ HU-308	+	+++
	<ul><li>AM1241</li></ul>	+	+++
	■ JWH-133	+	+++
	■ L-759633	+	+++
	<ul> <li>GW405833 (L768242)</li> </ul>	+	+++
	<ul> <li>GW842166X</li> </ul>	+	+++
	<ul><li>AM1714</li></ul>	+	+++
	■ JWH-015	+	+++
Antagonists/Inverse	■ SR141716A	++	0
agonists	<ul><li>LY-320135</li></ul>	++	0
	■ AM251	++	0
	<ul><li>AM281</li></ul>	++	0
	■ SR144528	0	++
	■ AM630	0	++



### Cannabidiol also known as CBD











## Cannabidiol or CBD

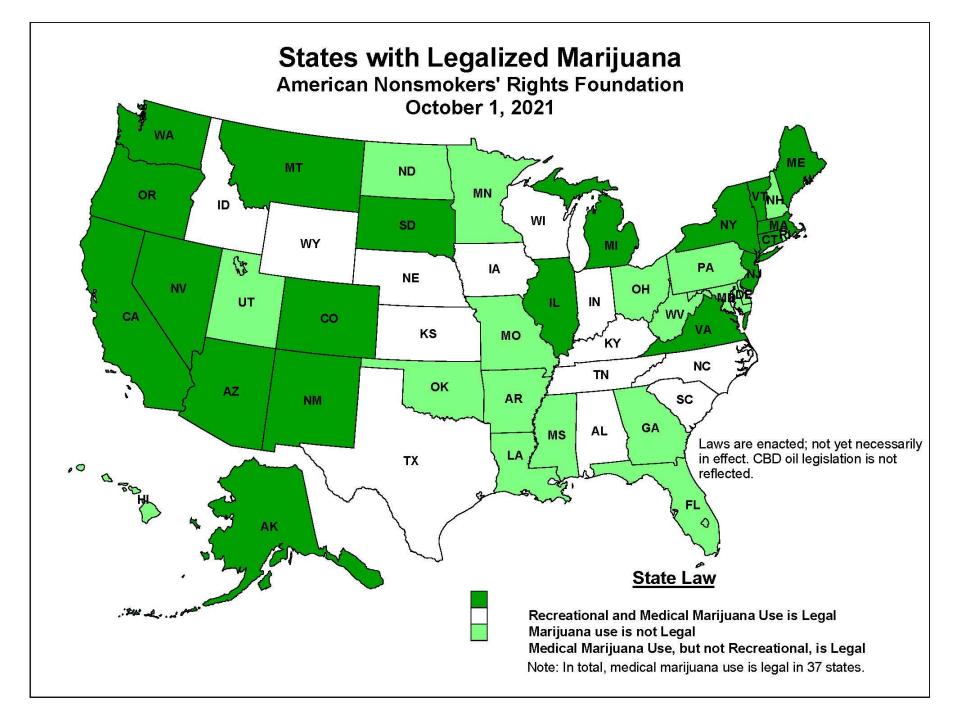
- Decreases seizures
- Pain relief
- Reduce inflammation
- Antidepressant
- Improve headaches/migraines/sleep
- Reduce stress

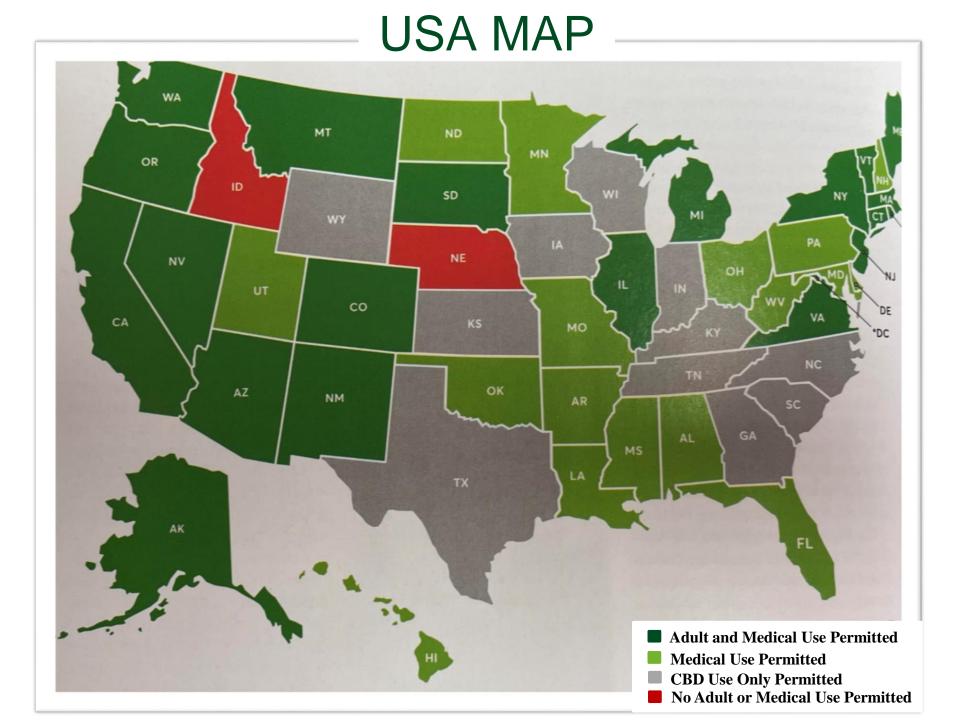


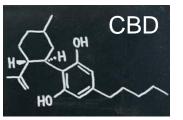
# Effects of cannabinoids on different physiological systems



Systems	Effects					
Central nervous system	<ul> <li>Euphoria—cannabinoid exhilaration</li> <li>Increase sensory perception</li> <li>Disruption of intellectual and psychomotor performance</li> <li>Temporospatial disorientation</li> <li>Ideation trouble</li> <li>Memory trouble</li> <li>Thermoregulation disorder</li> <li>Psychotic trouble</li> <li>Analgesia</li> <li>Antiemetic properties</li> <li>Appetite stimulant</li> <li>Anticonvulsive properties</li> </ul>					
Cardiovascular system	<ul><li>Tachycardia</li><li>Vasodilatation</li></ul>					
Respiratory system	Bronchodilatation					
Ocular system	Decrease of intra-ocular pressure (glaucoma)					
Other systems	<ul> <li>Effects on the immune functions</li> <li>Effects on the reproductive system</li> <li>Tolerance phenomenon after prolonged utilization</li> </ul>					















## Cannabidiol or CBD

- Decreases seizures
- Pain relief
- Reduce inflammation
- Antidepressant
- Improve headaches/migraines/sleep
- Reduce stress



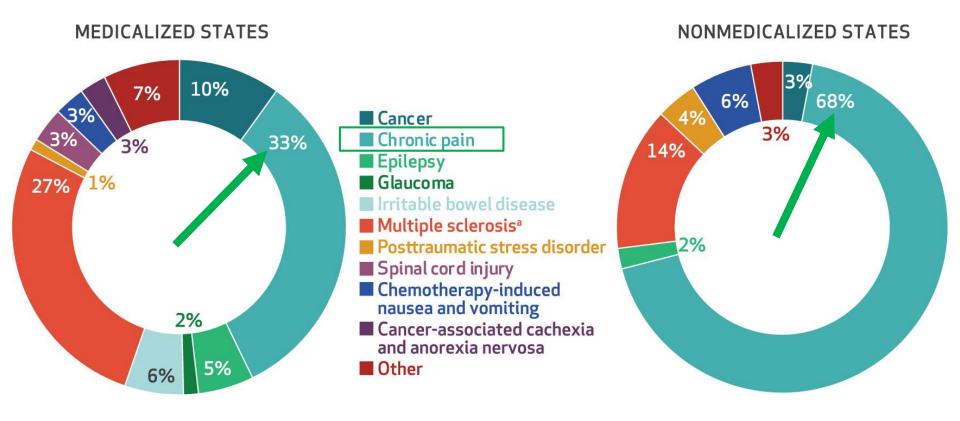


# Cannabis and Pain



# Most commonly reported reason for use of cannabis for medical purposes is pain relief

(Boehnke et al., 2019 Health Affairs)



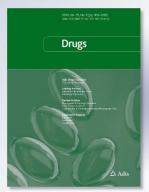
# Cannabinoids: Current and future options to treat chronic and chemotherapy-induced neuropathic pain



Cannabinoids: Current and Future Options to Treat Chronic and Chemotherapy-Induced Neuropathic Pain

Henry L. Blanton, Jennifer Brelsfoard, Nathan DeTurk, Kevin Pruitt, Madhusudhanan Narasimhan, Daniel J. Morgan & Josée Guindon

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Drugs (2019) 79:969–995 https://doi.org/10.1007/s40265-019-01132-x

#### **REVIEW ARTICLE**



## Cannabinoids: Current and Future Options to Treat Chronic and Chemotherapy-Induced Neuropathic Pain

Henry L. Blanton  $^1$  · Jennifer Brelsfoard  $^1$  · Nathan DeTurk  $^3$  · Kevin Pruitt  $^2$  · Madhusudhanan Narasimhan  $^1$  · Daniel J. Morgan  $^3$  · Josée Guindon  $^1$ 

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#### **Abstract**

Increases in cancer diagnosis have tremendous negative impacts on patients and their families, and major societal and economic costs. The beneficial effect of chemotherapeutic agents on tumor suppression comes with major unwanted side effects such as weight and hair loss, nausea and vomiting, and neuropathic pain. Chemotherapy-induced peripheral neuropathy (CIPN), which can include both painful and non-painful symptoms, can persist 6 months or longer after the patient's last chemotherapeutic treatment. These peripheral sensory and motor deficits are poorly treated by our current analgesics with limited effectiveness. Therefore, the development of novel treatment strategies is an important preclinical research focus and an urgent need for patients. Approaches to prevent CIPN have yielded disappointing results since these compounds may interfere with the antitumor properties of chemotherapeutic agents. Nevertheless, the first (serotonin noradrenaline reuptake inhibitors [SNRIs], anticonvulsants, tricyclic antidepressants) and second (5% lidocaine patches, 8% capsaicin patches and weak opioids such as tramadol) lines of treatment for CIPN have shown some efficacy. The clinical challenge of CIPN management in cancer patients and the need to target novel therapies with long-term efficacy in alleviating CIPN are an ongoing focus of research. The endogenous cannabinoid system has shown great promise and efficacy in alleviating CIPN in preclinical and clinical studies. In this review, we will discuss the mechanisms through which the platinum, taxane, and vinca alkaloid classes of chemotherapeutics may produce CIPN and the potential therapeutic effect of drugs targeting the endocannabinoid system in preclinical and clinical studies, in addition to cannabinoid compounds diffuse mechanisms of action in alleviation of CIPN.

## Cannabinoids and Chronic Pain: Clinical Studies

Chronic pain conditions	Pain test before tx	Type of study	Study design	Time study	Drugs	Dose per day	Route	Patients (#)	Gender M/F	Ethni city	Age	Reducti on pain intensity	Pain test after tx	Side effects	Ref
Neuropathic pain mixed etiology	VAS >30/100	randomized double- blind placebo control	parallel	3 sessions of 6 hours; session interval 3 to 21 days	Δ9-THC or placebo	19.25 mg low dose 34.3 mg high dose	inhale using cigarette	38	20/18	33 C 1 AA 1 H 3 O	46 (range 21-71)	Yes 30 %	VAS	Euphoria Mood changes Decline cognition	[112]
Neuropathic pain mixed etiology	VAS >40/100	randomized double- blind	4 period crossover Latin square	5 days (9 days washout)	Δ9-THC or placebo	1.875 to 7.05 mg of THC	gelatin capsules inhaled by pipe	23	11/12	NR	45.4 (±12.3)	Yes	NRS Daily	headache dry eye dizziness numbness cough burning sensation pain area	[126]
Central and peripheral neuropathic pain mixed etiololy	NPS 40/100	randomized placebo- controlled	crossover	2 sessions; session interval 4 hours	Δ9-THC or placebo	45.9 mg low dose 56.3 mg high dosee	vaporize using foltin puff	42	29/13	26 C 7 H 5AA 2 A 2 O	46.4 (±13.6)	Yes 30 %	NPS	hypotension	[125]
Central and peripheral neuropathic pain mixed etiololy	VAS >30/100	randomized double- blind placebo- controlled	crossover	3 sessions of 6 hours; session interval 3 to 14 days	Δ9-THC or placebo	10.32 mg low dose 28 mg high dose	vaporize d using volcano system	39	28/11	28 C 5 AA 3 H 3 O	50 (±11)	Yes 30 %	VAS	Euphoria Sedation Confusion Nausea Hunger	[127]
Central neuropathic pain MS associated	NRS	randomized double- blind placebo- controlled	parallel	4 weeks	Δ9-THC formulation ECP002A	9 mg to 29 mg of Δ9-THC	oral	24	8/16	NR	54.3 (±8.9)	Yes after tx No daily diary	NRS VAS McGil I QP	headache dizziness fatigue euphoric mood	[122]
HIV-DSPN	VAS 30/100	randomized double- blind	Parallel	12 days	Δ9-THC or placebo	96 mg Δ9-THC 3sessions X 32 mg Δ9-THC per session	inhale using cigarette	55	22/5 Ex o 26/2 Control	NR	50 (±6)	Yes ≥ 30 %	VAS Daily	NR	[128]
HIV-DSPN	DDS >5/20	randomized double- blind	Crossover	5 days (no washout)	Δ9-THC or placebo	Titrating dose up and down 96 mg THC 4 sessions X 24 mg Δ9-THC per session	inhale using cigarette	34	33/1	NR	49.1 (±6.9)	Yes	DDS	NR	[129]
Chemotherapy -induced neuropathy	NRS ≥ 4/10	randomized placebo- controlled	Crossover	4 weeks (2 weeks washout)	Nabiximols Sativex THC:CBD	8.1 to 32.4 mg of Δ9-THC 7.5 to 30 mg of CBD	oromuco sal spray	18	3/15	NR	56 (±10.8)	No	NRS Daily	dizziness fatigue dry mouth nausea diarrhea	[113]
Peripheral neuropathy	NRS ≥ 3/10	randomized double- blind placebo- controlled	parallel	15 weeks	Nabiximols Sativex THC:CBD	21.6 to 64.8 mg of Δ9-THC 10 to 60 mg of CBD	oromuco sal spray	246	96/150	243 C 2 AA	57.3 (±14.2)	No	NRS BPI- SF DAT	headache dizziness dry mouth nausea diarrhea	[114]

### Cannabinoids and Chronic Pain: Clinical Studies

Neuropathic pain peripheral origin	NRS 7/10	randomized double- blind placebo control	parallel	5 weeks	Nabiximols Sativex THC:CBD	3.51 to 84.78 mg of Δ9-THC 3.25 to 78.5 mg of CBD	oromuco sal spray	125	51/74	121 C 4 O	52.4 (±15.8)	Yes≥30 %	VAS NRS NPS PDI	Dizziness fatigue dry mouth nausea	[115]
Central neuropathic pain MS associated	NRS	randomized double- blind placebo- controlled	parallel	5 weeks	Nabiximols Sativex THC:CBD	21.6 to 129.6 mg of Δ9-THC 20 to 120 mg of CBD	oromuco sal spray	64	14/49	NR	49 (±8.4)	Yes	NRS daily	dizziness headache dry mouth nausea diarrhea	[118]
Central neuropathic pain MS associated	NRS ≥ 4/10	randomized double- blind placebo- controlled	parallel	14 weeks	Nabiximols Sativex THC:CBD	23.76 to 32.4 mg of Δ9-THC 22 to 30 mg of CBD	oromuco sal spray	339	109/230	332 C 4 AA 2 A	48.97 (±10.47)	No	NRS	dizziness fatigue dry mouth nausea diarrhea	[121]
HIV-DSPN and neuropathic pain mixed etiology	VAS >30/100	randomized double- blind placebo- controlled	crossover	2 weeks (washout)	Nabiximols Sativex THC:CBD	2.5 to 120 mg of Δ9-THC 2.5 to 120 mg of CBD	oromuco sal spray	20	10/10	NR	48	Yes > 50 %	VAS	headache hypotension intoxication diarrhea	[116]
Spinal cord injury	NPS >5/10	randomized double- blind	crossover		Dronabinol or control (diphenhyd ramine)	5 mg to 20 mg/day	capsules p.o.	7	5/2	6 C 1 AA	50.1 (±8.3)	No	NRS	drowsiness fatigue dry mouth constipation	[124]
Central neuropathic pain MS associated	NRS ≥ 3/10	randomized double- blind placebo- controlled	crossover	6 weeks (washout)	Dronabinol	2.5 to 10 mg	oral	24	10/14	NR	50 (23 to 55)	Yes	NRS	dizziness tiredness myalgia dry mouth nausea	[119]
Central neuropathic pain MS associated	NRS ≥ 4/10	randomized double- blind Placebo- controlled	parallel	16 weeks	Dronabinol	7.5 to 15.0 mg	oral	240	65/175	NR	47.7 (±9.7)	No	NRS	headache dizziness fatigue vertigo dry mouth nausea diarrhea	[123]
Neuropathic pain mixed etiology	VAS 70/100	randomized double- blind	crossover	14 weeks (2 weeks washout)	Nabilone or Dihydrocod eine	Nabilone 2 mg	p.o.	96	46/50	NR	50.15 (±13.69)	Yes	VAS	tiredness tingling headache	[117]
HIV-DSPN	VAS >70/100	randomized double- blind placebo- controlled	parallel	9 weeks (4 weeks for titration)	Nabilone	2 mg	oral	15	2/13	NR	45.5 (±10.84)	Yes	VAS	dizziness drowsiness	[120]
Neuropathic pain mixed etiology	VAS	randomized double- blind placebo- controlled	crossover	5 weeks	1',1'Dimet hyl-∆8- tetrahydroc annabinol- 11oic acid (CT-3)	40 mg (10 mg per capsules)	oral	21	13/8	NR	50.86 (±11.69)	Yes	VAS	tiredness dry mouth	[53]

AA, African-American; A, asian; BPI-SF, brief pain inventory short form; C, caucasian; DAT, dynamic allodynia test; DDS, descriptor differential scale; H, hispanic; HIV-DSPN, human immunodeficiency virus distal sensory peripheral neuropathy; F, female; M, male; McGill QP, McGill pain questionnaire; Mixed etiology, include but are not exclusive to complexe regional pain syndrome 1 (CRPS-1) and II (CRPS-II), spinal cord injury, diabetic neuropathy, post-herpetic neuralgia, radiculopathy, focal nerve lesion and others; NPS, neuropathic pain scale; NR, not reported; NRS, numerical rating scale; O, other; PDI, pain disability index; VAS, visual analogue scale.

# Sex differences and the endocannabinoid system



Pharmacology, Biochemistry and Behavior 202 (2021) 173107



Contents lists available at ScienceDirect

### Pharmacology, Biochemistry and Behavior

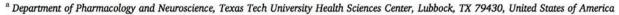




#### Review

### Sex differences and the endocannabinoid system in pain





b Department of Pharmacodynamics, College of Pharmacy, University of Florida, Gainesville, FL 32611, United States of America



## Sex Differences in Brain Endocannabinoid System



#### Ant. Cingulate/PF Cortex

- CB1 mRNA: F > M (Xing et al., 2014)
- CB1 mRNA : M > F (Liu et al., 2020)
- CB1 density : M > F (Castelli et al., 2014)
- Increased CB1 efficacy with GDX (Farquhar et al., 2019)
  - CB1-stimulated pERK: F > M (Rosas et al., 2018)
- Increased CB1 affinity with OVX (Castelli et al., 2014)

#### **Hippocampus**

- CB1 & CB2 mRNA: F > M (Xing et al., 2014)
- CB1 mRNA (dorsal): F > M (Liu et al., 2020)
- CB1 mRNA (CA1): M > F (Liu et al., 2020)
  - CB1 density: M > F (Reich et al., 2009)
    - CP 55,950 efficacy: F > M (Farguhar et al., 2019)
  - Increased CB1 affinity with GDX (Farquhar et al., 2019)
  - Increased CB1 affinity with OVX (Riebe et al., 2010)

#### Midbrain

- CB1 density: M > F (Rodriguez de Fonseca et al., 1994)
- CB1 binding: F > M (Rodriguez de Fonseca et al., 1994)

#### **Amygdala**

- CB1 density: F > M (Riebe et al., 2010)
- CB1 density: M > F (Castelli et al., 2014)
- CB1 affinity: F > M (Riebe et al., 2010)
- CB1 mRNA: F > M (Xing et al., 2014)
- CB1 mRNA highest in estrous (Liu et al., 2020)
- · Increased CB1 density with OVX (Castelli et al., 2014)

#### Cerebellum

- 2-AG levels : M > F (Bradshaw et al., 2006)
- CB1 mRNA: F > M (Xing et al., 2011)

#### Striatum

- CB1 affinity: F > M
- **CB1 mRNA : M > F** (Liu et al., 2020)

- (Rodriguez de Fonseca et al., 1994)
  - Limbic Forebrain
  - CB1 affinity: F > M

#### (Rodriguez de Fonseca et al., 1994)

#### **Hypothalamus**

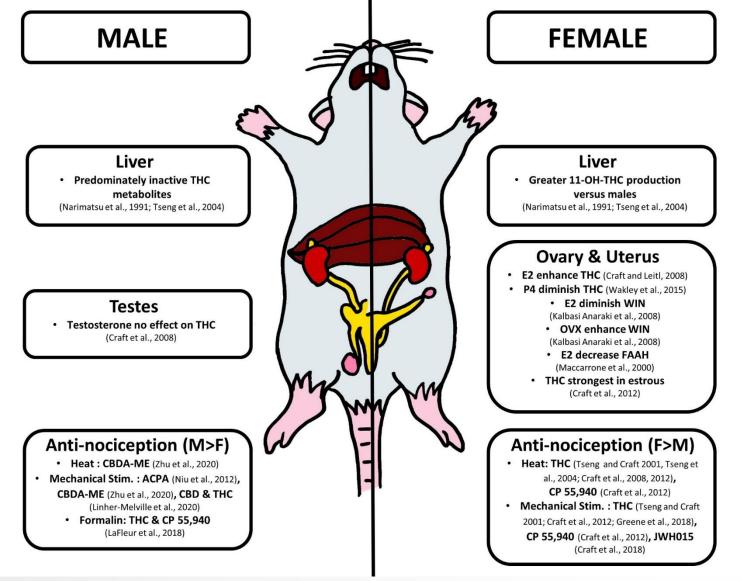
- 2-AG levels: F > M (Bradshaw et al., 2006)
- CB1 density & binding: M > F (Riebe et al., 2010)
- CB1 & CB2 mRNA: F > M (Xing et al., 2014)

#### **Pituitary**

- 2-AG levels: F > M (Bradshaw et al., 2006)
- AEA levels : F > M (Gonzalez et al., 2000)

# Mechanisms underlying Sex Differences in Cannabinoid Antinociception





Blanton, Barnes, McHann, Bilbrey, Wilkerson and Guindon (2021) Pharmacology, Biochemistry and Behavior 202: 173107.

# Comparison of Cannabinoid-Mediated Antinociception in Male and Female



Reference	Pain Model	Acute or Chronic	Species	Compound (s)	Dose & ROA	Acute and/or Repeated	Efficacy: Male v Female	Mediated By	Serum Analysis	Estrous Effect	Hormone
Blednov et		000	орос.ос	Compound (c)	2000 011011	. topoutou	1 0	GIRK 2; Male >	Co. a 7 a.ayo.o	2011040 211001	
al., 2003	Hotplate (Paw)	Acute	Mouse	WIN 55, 212-2	6 mg/kg; I.P.	Acute	M = F	Female	NT	NT	NT
Britch et al., 2017	Pressure (Paw), Heat (Tail Immersion)	Acute	Rat	CBD, THC	CBD (30 mg/kg) + THC (1.8 mg/kg); I.P.	Acute	M = F	NT	NT	No Effect	NT
Britch et al., 2020	Heat (Paw), Mech. Allodynia (Paw), Weight Bearing (paw)	Chronic - CFA (paw)	Rat	CBD,THC	CBD (1.25-10 mg/kg), THC ( 1-4 mg/kg); I.P.	Acute & Repeated	F>M; acute THC heat hyperalgesia	NT	Yes; TNF-α, IL-1β, IL-10, INFγ	NT	NT
Craft and Leitl, 2008	Pressure (Paw), Heat (Tail Immersion)	Acute	Rat	THC	5, 10 mg/kg; l.P.	Acute	F>M, E2 potentiate in Female	NT	NT	Yes; THC strongest in estrus	M & F Gonadectomy, Testosterone & Estradiol Replacement
Craft et al., 2012	Heat (Tail Immersion), Pressure (Paw)	Acute	Rat	CP 55,940,THC	CP 55,940 (0.05 - 1.6 mg/kg), THC (1.25 - 20 mg/kg); I.P.	Acute	CP 55,940 F>M; THC: F>M	CP55: CB1 - M & F; THC: CB1- Male, CB1 & CB2 - Female	Yes; Rimonabant	Yes; THC strongest in estrus	NT
Craft et al., 2013	Mech. Allodynia (Paw), Heat (Paw)	Chronic - CFA (paw)	Rat	THC	0.32 - 3.2 mg/kg l.P.; 0- 500 µg l.PL.	Acute & Repeated	THC: F>M	IP: CB1 - M & F; I.PL.: CB1 & CB2 Female, CB1 only Male	NT	No Effect	NT
Craft et al., 2017	Pressure (Paw), Heat (Tail Immersion)	Acute	Rat	THC	THC: 3 mg/kg (Female), 5 mg/kg (Male), Proadifen: 25mg/kg, I.P.	Acute	F>M, E2 potentiate THC in male, T inhibit THC in female	Testosterone, Estradiol, and CYP450 (CYP2C family)	Yes; THC, 11-OH-THC, THC-COOH	NT	M & F Gonadectomy, Testosterone & Estradiol Replacement
Craft et al., 2018	Acute: Heat (Tail Immersion), Pressure (Paw), Inflammatory: Mech. Allodynia (Paw), Heat (Paw), Weight Bearing (paw)	Acute, Chronic - CFA (paw)	Rat	JWH015	5-40 mg/kg, I.P.	Acute	M=F, except mech. allodynia F>M (10 mg/kg)	CB1 & CB2	NT	NT	NT
Greene et al., 2018	Pressure (Paw), Heat (Tail Immersion)	Acute	Rat	CBD, THC	CBD: 10 mg/kg, THC: 3.6 mg/kg (Female), 9.3 mg/kg (Male); I.P.	Repeated	THC: F>M (acute), CBD: M>F (repeated - tail flick)	NT	Yes; CBD, CBN, THC, 11-OH-THC, THC-COOH	NT	NT
Javadi- Paydar et al., 2018	Heat (Tail Immersion)	Acute	Rat	CBD, THC	CBD: 12.5, 50 mg, THC: 1.5-25mg, Vaporized	Repeated (>1week washout between)	F>M	NT	Yes; THC	No Effect; THC equivalent between Diestrus & Estrus	NT
Kalbasi Anaraki et al., 2008	Heat (Tail Flick)	Acute	Mouse	WIN 55, 212-2	2, 4 mg/kg, I.P.	Acute	F only; OVX enhance analgesia, E2 inhibit, P4 no effect	CB1	NT	NT	F Only OVX, E2 & P4 Replacement
LaFleur et al., 2018	Inflammatory (Formalin- Paw)	Acute	Mouse	CP 55,940,THC	CP 55,940 (0.06 - 0.2 mg/kg), THC (1 - 6 mg/kg); I.P.	Acute & Repeated	CP 55,940: M>F; THC: M>F antinociception & rate of tolerance	NT	NT	NT	NT
Linher- Melville et al., 2020	Mech. Allodynia (Paw)	Chronic - Sciatic Nerve Cuff	Rat	CBD, THC	CBD: 0.41 mg/kg THC: 0.08 mg/kg, Combination: 0.2 mg/kg + 0.2 mg/kg; Oral	Repeated	M>F	NT	NT	NT	NT

Blanton, Barnes, McHann, Bilbrey, Wilkerson and Guindon (2021) Pharmacology, Biochemistry and Behavior 202: 173107.

# Comparison of Cannabinoid-Mediated Antinociception in Male and Female



Reference	Pain Model	Acute or Chronic	Species	Compound (s)	Dose & ROA	Acute and/or Repeated	Efficacy: Male v Female	Mediated By	Serum Analysis	Estrous Effect	Hormone
Marusich et al., 2015	Heat (Tail Flick)	Acute	Rat	THC	30 mg/kg, I.P.	Acute & Repeated	F>M (Acute); M=F (Chronic)	CB1	NT	Inconclusive	M & F Gonadectomy, Testosterone, Estradiol, & Progesterone Replacement
Mulpuri et al., 2018	Mech. Allodynia (Paw), Cold Allodynia (Paw)	Chronic - Cisplatin (systemic)	Rat	PrNMI	0-2 mg/kg I.P.; 0.25 mg/kg I.PL.; 3 mg/kg Oral	Acute & Repeated	M=F	CB1	NT	NT	NT
Niu et al., 2012	Mech. Allodynia (Masseter)	Chronic - CFA (masseter)	Rat	ACPA	10-300 µg l.M.	Acute & Repeated	M>F	CB1	NT	NT	M & F Gonadectomy, Testosterone, Estradiol Replacement
Romero et al., 2002	Heat (Tail Immersion)	Acute	Rat	CP 55,940	0.1-0.6 mg/kg, I.P.	Acute	M=F	CB1	NT	NT	NT
Tseng and Craft, 2001	Pressure (Paw), Heat (Tail Immersion)	Acute	Rat	CP 55,940, THC, 11-OH- THC	CP 55, 940 (0.1-0.56 mg/kg), THC (1-10 mg/kg), 11-OH-THC (0.3-10 mg/kg); I.P.	Acute	F>M	NT	NT	No Effect	NT
Tseng et al., 2004	Heat (Tail Immersion)	Acute	Rat	THC	10 mg/kg, I.P.	Acute	F>M	CYP 450 (Female)	THC, 11-OH-THC	NT	NT
Wakley et al., 2011	Pressure (Paw), Heat (Tail Immersion)	Acute	Rat	THC	100 μg, I.C.V.	Acute	F>M	NT	NT	Yes; F>M when in Late Proestrus	NT
Wakley et al., 2014	Pressure (Paw), Heat (Tail Immersion)	Acute	Rat	THC	5.4 mg/kg (Female), 7.6 mg/kg (Male), I.P.	Acute & Repeated	F>M	NT	NT	No Effect	NT
Wakley et al., 2015	Pressure (Paw), Heat (Tail Immersion)	Acute	Rat	THC	5.7 mg/kg (Female), 9.9 mg/kg (Male), I.P.		F>M antinociception & rate of tolerance; P4 inhibit THC	NT	NT	Inconclusive	M & F Gonadectomy, Testosterone, Estradiol, & Progesterone Replacement
Wiley et al., 2003	Heat (Tail Flick)	Acute	Rat	THC	1-300 mg/kg, I.P.	Acute	M=F	CB1	NT	NT	NT
Yuill et al., 2017	Inflammatory (Formalin-Paw)	Acute	Mouse	JWH 133	0.01 - 10 mg/kg (acute), 1 mg/kg repeated; I.P.	Acute & Repeated	M=F	CB2	NT	NT	NT
Zhu et al., 2020	Mech. Allodynia (Paw), Heat (Paw)	Chronic - Sciatic Nerve Cuff	Rat	CBDA-ME	0.01-4 μg/kg, l.P.	Repeated	M>F	NT	NT	NT	NT

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#### Pharmacology, Biochemistry and Behavior





#### Review

Sex differences and the endocannabinoid system in pain



Henry L. Blanton <sup>a,\*</sup>, Robert C. Barnes <sup>a</sup>, Melissa C. McHann <sup>a</sup>, Joshua A. Bilbrey <sup>b</sup>, Jenny L. Wilkerson <sup>b</sup>, Josée Guindon <sup>a,\*</sup>

### **Major Findings**

- Females generally reported as more sensitive to cannabinoids versus males
- Ovariectomy and hormone replacement may influence cannabinoid-mediated antinociceptive effects

#### **Limitations of Field**

- majority of studies focused on THC; sex differences in metabolism
- focus on acute, rather than chronic pain models
- few studies looked at sex differences in cannabinoid tolerance
- few studies investigated individual roles of CB1 versus CB2 receptors in this process

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b Department of Pharmacodynamics, College of Pharmacy, University of Florida, Gainesville, FL 32611, United States of America

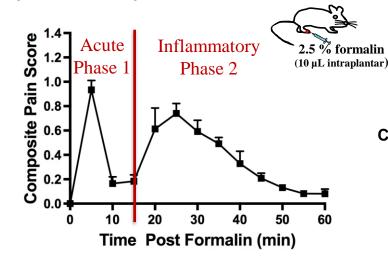
## Formalin test:

## Evaluation of nociceptive behavior





Injection 10 µL of Formalin 2.5 %



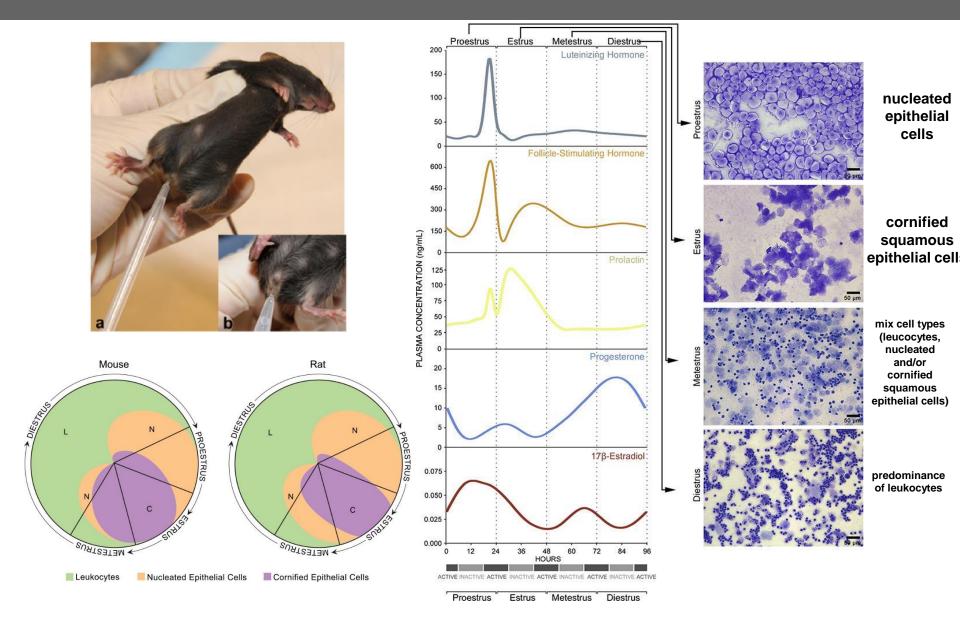
	-		
	Behaviours*	Observations	Scoring system**
Normal behaviour	and Jackson	Injected paw can support the weight of the animal.	Time spent in this category  × 0
Pain behaviour (1)		Injected paw has little or no weight on it.	× 0
Pain behaviour (2)		Injected paw is elevated, not in contact with any surface.	× 1
Pain behaviour (3)		Injected paw is licked, bitten or shaken.	× 2

Composite Pain Score = ((Behavior 2 Time \* 2) + Behavior 1 Time) / 300

Watson et al. (1997) Pain 70:53-58.

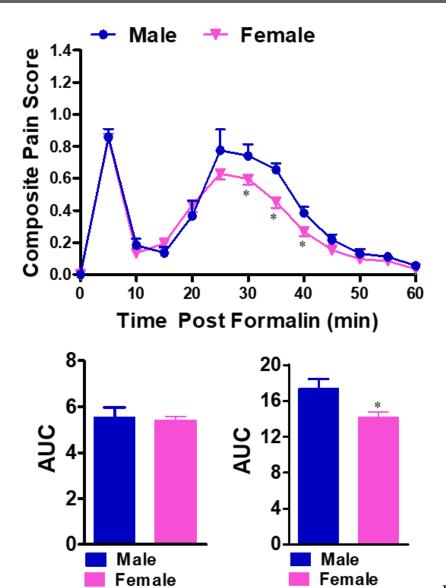
# Estrous Cycle





## Sex differences in the formalin test

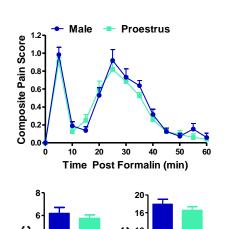






# Male vs Female Estrous Cycle in Formalin

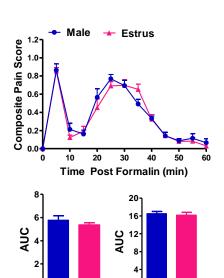




Proestrus

Proestrus

Proestrus

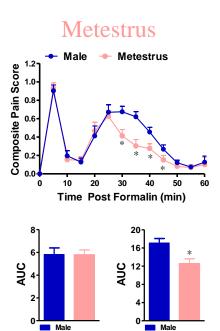


Estrus

Estrus

Male

Estrus



Metestrus

Diestrus

Male — Diestrus

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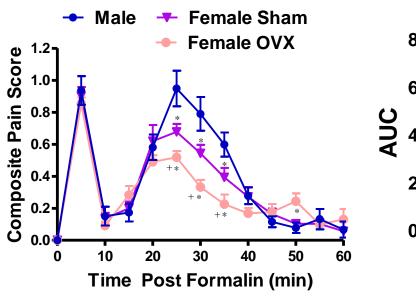
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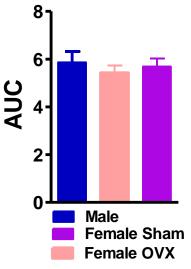
Blanton H et al., (2021) In preparation.

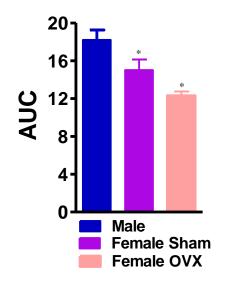
Diestrus

# Male vs Female Estrous Cycle in Formalin





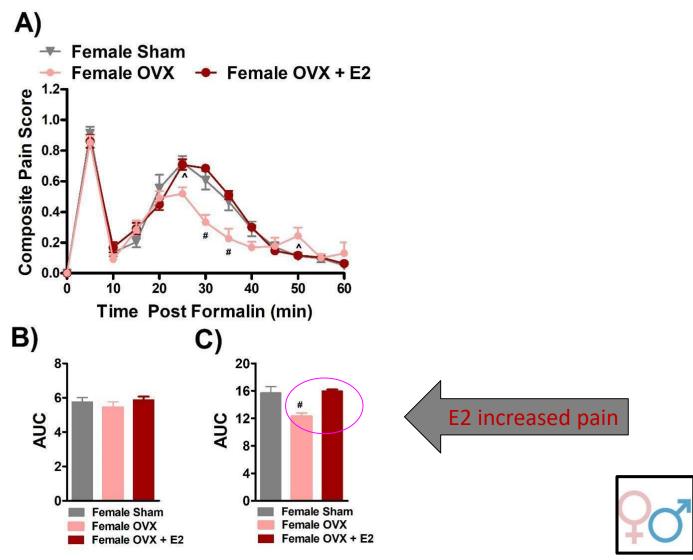






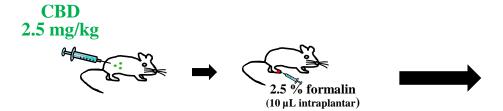
# Estradiol increases inflammatory pain in ovariectomized females



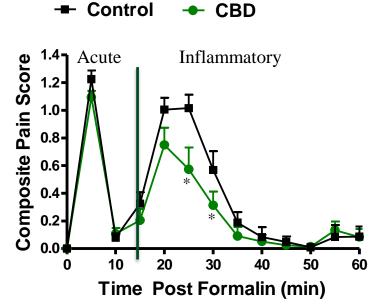


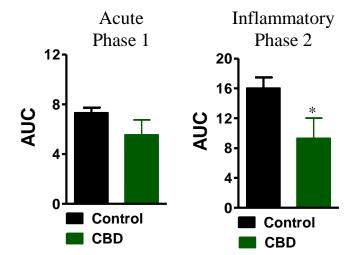
## CBD in the Formalin test in males











# Treatments of chemotherapy-induced peripheral neuropathy



#### **Current Treatments**

#### 1st Line

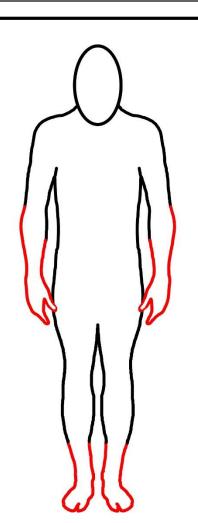
SNRI's (Duloxetine)
Pregabalin
Gabapentin
TCA's

#### 2<sup>nd</sup> Line

Lidocaine Patch Capsaicin Patch Tramadol

#### 3<sup>rd</sup> Line

Strong Opioids Botox



#### **Current Clinical Trials**

Acupuncture

Amino Acids
Anti-epilieptics
Cannabinoids
Cryotherapy
Dextromethorphan
Electrostimulation
Exercise, Yoga
Minocycline
Naloxone
Neurofeedback

Olesoxime

Omega 3's

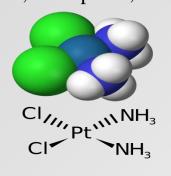
**Vitamins** 

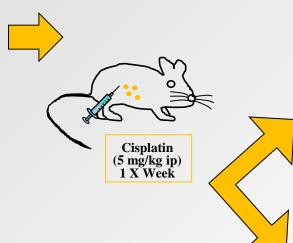
Blanton, Brelsfoard, DeTurk, Pruitt, Narasimhan, Morgan and Guindon (2019) Drugs 79: 969-995.

# Chemotherapy-induced peripheral neuropathy



## Neuropathy induced by platinum derived compounds (cisplatin, carboplatin, oxaliplatin)





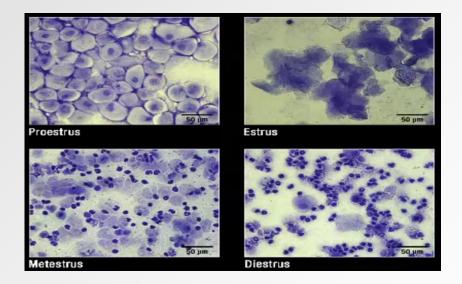
#### **Mechanical Allodynia**



Cold Allodynia

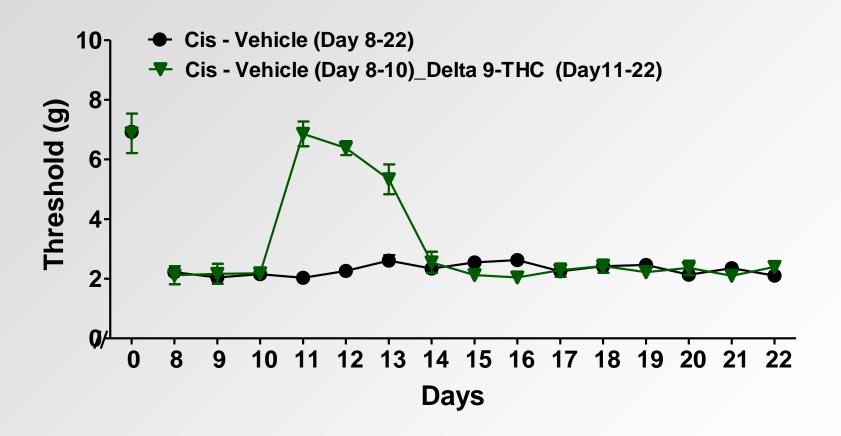






### $\Delta^9$ -THC (CB<sub>1</sub>/CB<sub>2</sub> agonist) in males



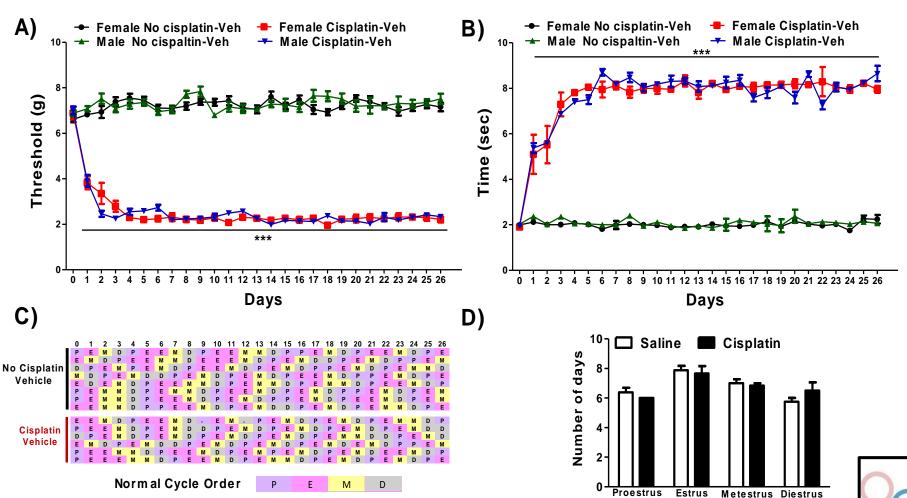


## Neuropathic pain and estrous cycle



### **Mechanical Allodynia**

### **Cold Allodynia**





Blanton H et al., (2021) In preparation.

## Summary



- Sex differences has been demonstrated in preclinical and clinical studies
- Cannabinoids compounds have shown sexdifferences between males and females
- Females develop tolerance faster than males to CB<sub>1</sub> (ACEA) and CB<sub>1</sub>/CB<sub>2</sub> (CP55,940) agonists in the chemotherapy-induced pain
- CB<sub>2</sub> (JWH-133) agonist increases ovarian cancer tumor growth in females mice

## Conclusion



More studies evaluating and investigating sex differences in preclinical and clinical studies are needed to better understand and improve treatment of pain



## Acknowledgements



## Texas Tech University Health Sciences Center

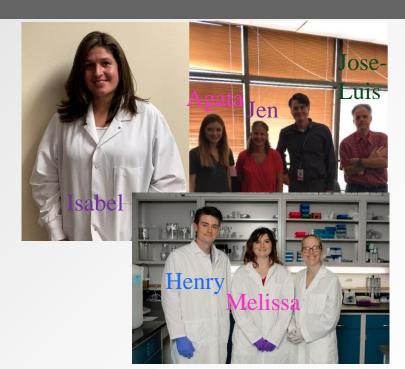
- Dr Isabel Castro, Ph.D.
- Dr Jose-Luis Redondo, Ph.D.
- Henry Blanton, B.Sc., Ph.D.
- Melissa McHann, B.Sc., Ph.D. student
- Agata Pietrzak, B.Sc.
- Jennifer Brelsfoard, M.Sc.
- Haley De Selle, undergraduate
- Canice Dancel, B.Sc. 2<sup>nd</sup> Year Med Student

### **Marshall University**

- Dr Daniel J. Morgan, Ph.D.

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- **❖** Grant 121035 Texas Tech University
- \* Health Sciences Center School of Medicine





National Institute on Drug Abuse

Advancing Addiction Science

## Questions





Thank you for your attention!