

## Raider Red's Food Pantry *Group 19*

### **7** Population Served

- All Texas Tech Students
  - **₹** Enrollment is the only requirement

#### **₹**Services Provided

- Short-term food accommodations
  - → Maximum of 3 times per semester
- Nutrition Education
- Short-term hygiene accommodations

#### **Clients' Health Needs**

- Healthy Food
- Hygiene Products

# Clients' Health Information Needs

- **→** Importance of Food Groups
- → How to manage and calculate nutrition requirements
- **尽**Connect with on-campus resources providing hygiene education (RISE)

### **Advice for Physicians**

- Help patients watch dietary patterns
- **尽** Educate patients on the importance of nutrition in disease management and prevention
- Connect patients with resources available in the community
- **→** Get familiar with drug-food interactions

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Hours of operation for **Fall 2022**:

\*We will be closed on Wednesday, October 19th

Tuesdays 11:30am - 3:30pm

Wednesdays 11:30am - 3:30pm

Fridays 11:30am - 3:30pm

If you need accees, please call (806) 742-1932 or email foodpantry@ttu.edu

#### Wishlist:

- Dove soap bar
- Toilet paper
- Deodorant
- Shampoo
- Conditioner
- Cheezit snack bag
- Rice krispies
- Veggie straws
- Kind bars
- Nature valley bars
- Chewy bars
- Chip mix
- Canned chicken
- Canned tuna
- Grape jelly
- Macaroni
- Tomato sauce





**Group Members:** 

- 1 Suyash Jain
- 2 Sue Li
- 3 Andrew Wagner
- 4 Ben Lasota
- 5 Cameron Studzinski
- 6 Jackson Driskill
- 7 Kaylen Meers
- 8 Maddie Jantzen
- 9 Marlen Hernandez

